

Recipes and the Good Life Found in Freedom, Maine

Freedom, Maine is a small town with a big heart. The community is known for its friendly people, beautiful scenery, and delicious food. Here are a few of our favorite recipes from Freedom, Maine.



The Lost Kitchen: Recipes and a Good Life Found in Freedom, Maine: A Cookbook by Erin French

★★★★☆ 4.7 out of 5

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Aunt Millie's Blueberry Pie

This classic blueberry pie is a staple at summer gatherings in Freedom, Maine. The flaky crust and sweet, juicy blueberries are simply irresistible.

Ingredients:

- 1 cup all-purpose flour
- 1/2 teaspoon salt
- 1/2 cup cold butter, cut into small pieces

- 1/4 cup ice water
- 6 cups blueberries
- 1 cup sugar
- 1/4 cup cornstarch
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 2 tablespoons lemon juice
- 1 tablespoon butter, for dotting the crust

Instructions:

1. Preheat oven to 375 degrees F (190 degrees C).
2. In a large bowl, whisk together the flour and salt. Use your fingers to work the butter into the flour mixture until it resembles coarse crumbs.
3. Add the ice water 1 tablespoon at a time, mixing until the dough just comes together. Form the dough into a ball, wrap it in plastic wrap, and refrigerate for at least 30 minutes.
4. On a lightly floured surface, roll out the dough to a 12-inch circle. Transfer the dough to a 9-inch pie plate and trim the edges.
5. In a large bowl, combine the blueberries, sugar, cornstarch, cinnamon, nutmeg, and lemon juice. Pour the filling into the pie crust.
6. Dot the filling with the remaining butter. Bake for 45-50 minutes, or until the crust is golden brown and the filling is bubbly.
7. Let the pie cool for at least 30 minutes before serving.

Nan's Potato Salad

This creamy potato salad is a perfect side dish for any summer gathering. The potatoes are cooked to perfection and the dressing is simply delicious.

Ingredients:

- 5 pounds potatoes, peeled and cubed
- 1 cup mayonnaise
- 1/2 cup sour cream
- 1/4 cup chopped onion
- 1/4 cup chopped celery
- 1/4 cup chopped hard-boiled eggs
- 2 tablespoons chopped fresh dill
- Salt and pepper to taste

Instructions:

1. Place the potatoes in a large pot of cold water and bring to a boil. Cook until the potatoes are tender, about 10 minutes.
2. Drain the potatoes and let them cool slightly.
3. In a large bowl, combine the mayonnaise, sour cream, onion, celery, hard-boiled eggs, dill, salt, and pepper. Stir in the potatoes.
4. Refrigerate the potato salad for at least 2 hours before serving.

Bob's Baked Beans

These baked beans are a classic Maine dish. They are perfect for a cold winter night or a summer picnic.

Ingredients:

- 1 pound dried navy beans
- 8 cups water
- 1/2 cup chopped onion
- 1/2 cup chopped green pepper
- 1/2 cup chopped celery
- 1/2 cup brown sugar
- 1/4 cup molasses
- 1/4 cup ketchup
- 1 teaspoon dry mustard
- Salt and pepper to taste

Instructions:

1. Place the beans in a large pot and cover with water. Bring to a boil, then reduce heat and simmer for 2 hours, or until the beans are tender.
2. Drain the beans and return them to the pot.
3. Add the onion, green pepper, celery, brown sugar, molasses, ketchup, dry mustard, salt, and pepper. Stir to combine.
4. Cover the pot and bake at 350 degrees F (175 degrees C) for 2 hours, or until the beans are heated through.

5. Serve warm.

The Good Life in Freedom, Maine

Freedom, Maine is a special place. The people are friendly, the food is delicious, and the scenery is beautiful. If you are looking for a place to slow down and enjoy the good life, Freedom, Maine is the perfect place for you.

Here are a few things you can do to enjoy the good life in Freedom, Maine:

- Visit the Freedom Historical Society and learn about the town's rich history.
- Go for a hike or bike ride on the Freedom Rail Trail.
- Spend a day at Lake St. George State Park.
- Attend a community event, such as the Freedom Days Festival or the Freedom Farmers' Market.
- Volunteer your time to a local organization.
- Simply relax and enjoy the peace and quiet of this beautiful town.

Freedom, Maine is a great place to live, work, and raise a family. If you are looking for a place to call home, Freedom, Maine is the perfect place for you.



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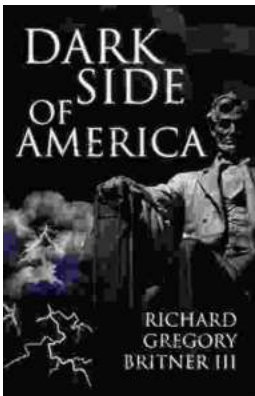
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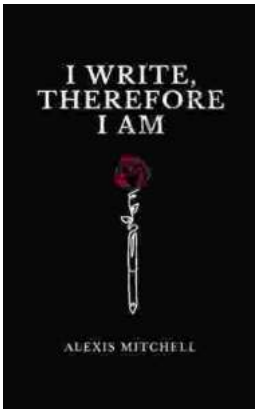
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