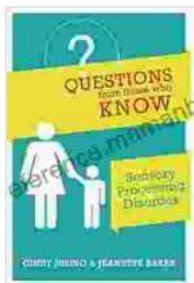


Questions From Those Who Know Sensory Processing Disorder

Sensory processing disorder (SPD) is a condition that affects how the brain processes sensory information. This can lead to a variety of symptoms, including difficulty with motor skills, social interactions, and learning. There is no cure for SPD, but there are treatments that can help to manage the symptoms.



Questions from Those Who Know: Sensory Processing Disorder by Cindy M. Jusino

★★★★☆ 4.6 out of 5

Language : English
File size : 2352 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 189 pages



If you think your child may have SPD, it is important to see a doctor for an evaluation. Early diagnosis and treatment can help to improve your child's symptoms and overall quality of life.

What are the symptoms of SPD?

The symptoms of SPD can vary depending on the individual. Some of the most common symptoms include:

- Difficulty with motor skills, such as walking, running, and jumping
- Clumsiness or awkwardness
- Difficulty with balance and coordination
- Problems with social interactions, such as difficulty making friends or understanding social cues
- Difficulty with learning, such as difficulty paying attention or remembering information
- Sensory sensitivities, such as being oversensitive to loud noises or bright lights
- Sensory seeking behaviors, such as rocking back and forth or flapping hands

What causes SPD?

The exact cause of SPD is unknown. However, it is thought to be caused by a combination of genetic and environmental factors.

Some of the risk factors for SPD include:

- Premature birth
- Low birth weight
- Autism spectrum disorder
- Attention deficit hyperactivity disorder (ADHD)
- Exposure to toxins, such as lead or mercury

How is SPD diagnosed?

SPD is diagnosed by a doctor or other healthcare professional. The diagnosis is based on a physical examination and a review of the child's symptoms and history.

There is no single test that can diagnose SPD. However, there are a number of tests that can help to rule out other conditions that may cause similar symptoms.

How is SPD treated?

There is no cure for SPD. However, there are a number of treatments that can help to manage the symptoms.

Some of the most common treatments for SPD include:

- Occupational therapy
- Physical therapy
- Speech therapy
- Sensory integration therapy
- Medication

What is the prognosis for SPD?

The prognosis for SPD varies depending on the individual. However, with early diagnosis and treatment, most children with SPD can learn to manage their symptoms and live full and productive lives.

What can parents do to help their child with SPD?

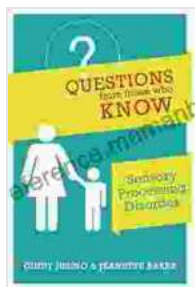
There are a number of things that parents can do to help their child with SPD. Some of the most helpful things include:

- Learn about SPD and how it affects your child
- Work with your child's therapist to develop a treatment plan
- Be patient and understanding
- Encourage your child to participate in activities that they enjoy
- Help your child to learn how to cope with their symptoms

Where can I get more information about SPD?

There are a number of resources available to help you learn more about SPD. Some of the most helpful resources include:

- The Sensory Processing Disorder Foundation
- The National Institute of Neurological Disorders and Stroke
- The American Academy of Pediatrics



Questions from Those Who Know: Sensory Processing

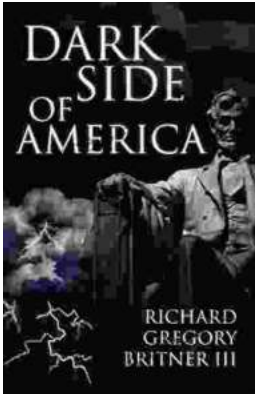
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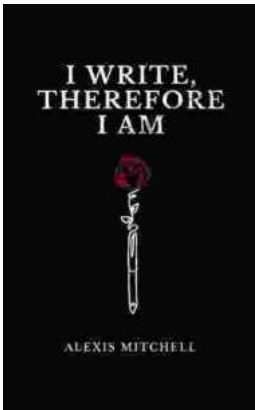
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