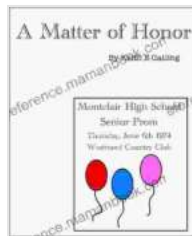


# Matter of Honor: The Inspiring Story of Keith Gatling

Keith Gatling is a decorated Navy SEAL who served his country with honor and distinction. After retiring from the military, he went on to become a successful author and motivational speaker. In his memoir, Matter of Honor, Gatling shares his experiences overcoming adversity and triumphing over challenges. His story is an inspiration to anyone who has ever faced setbacks or obstacles in their lives.



## **A Matter of Honor** by Keith Gatling

★★★★★ 5 out of 5

Language	: English
File size	: 137 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 15 pages
Lending	: Enabled



## **A Life of Service**

Gatling grew up in a small town in Georgia. He was always a driven and determined young man, and he knew from an early age that he wanted to serve his country. After graduating from high school, Gatling joined the Navy and went through SEAL training. SEAL training is one of the most challenging military training programs in the world, and Gatling excelled in

it. He graduated from BUD/S (Basic Underwater Demolition/SEAL) training with honors and went on to serve in several combat deployments.

Gatling saw action in some of the most dangerous and demanding environments in the world. He fought in the Persian Gulf War, the War in Afghanistan, and the Iraq War. He was awarded the Silver Star, the Bronze Star, and the Purple Heart for his actions in combat.

## **Overcoming Adversity**

Gatling's military career was not without its challenges. He was wounded in combat several times, and he also struggled with post-traumatic stress disorder (PTSD). After retiring from the military, Gatling went through a difficult period of adjustment. He felt lost and alone, and he struggled to find his place in civilian life.

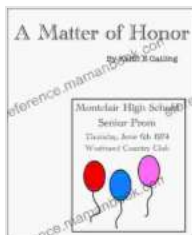
However, Gatling eventually overcame his challenges and went on to achieve great success. He wrote a bestselling memoir, became a sought-after motivational speaker, and founded a non-profit organization that helps veterans transition to civilian life.

## **Matter of Honor**

In his memoir, *Matter of Honor*, Gatling shares his experiences overcoming adversity and triumphing over challenges. He writes about his childhood, his military career, his struggles with PTSD, and his eventual triumph. Gatling's story is an inspiration to anyone who has ever faced setbacks or obstacles in their lives. It is a story of hope, determination, and resilience.

Keith Gatling is a true American hero. He served his country with honor and distinction, and he has overcome adversity to achieve great success. His

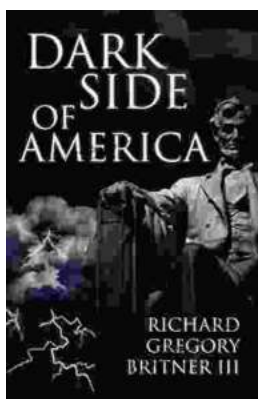
story is an inspiration to anyone who has ever faced challenges in their lives. Matter of Honor is a must-read for anyone who wants to learn more about the life of this extraordinary man.



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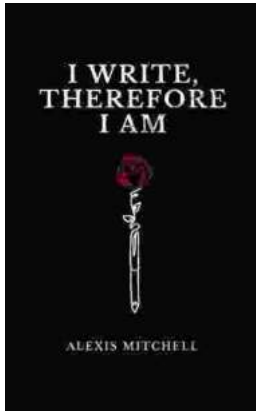
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